

Brooklake Elementary School

Purpose: The Great Kindness Challenge is a way to develop an awareness in Brooklake students of the meaning of kindness, what it looks like, what it sounds like, how it forms a person's character and why it is important in everyone's life. It is a proactive and positive bullying prevention initiative that improves school climate and actively engages students, staff and families in creating a culture of compassion, acceptance, unity and respect.

Definition of Kindness: To be kind is to be friendly, helpful, generous, caring, and considerate. Kindness means a person includes others, shows concern for others and cares about the feelings of others.

Activities to Expect for Students:

- All School Launch Assembly
- Lessons on Kindness by Counselor and Teachers
- Books Read to Students by Teachers and Peer Readers
- Morning Announcements which Discuss the Kindness Theme along with the Social Emotional Learning Messages
- All School Celebration Assembly
- Completion of the Student Kindness Challenge
- Class Discussions
- Friendship Challenge (Making New Friends)
- Bulletin Board Displays
- Pennies for Patients
- Acknowledgement of Kind Behavior (Stickers, Picture in Front of the "Be The I in K_ND Bulletin Board
- Public Recognition in Front of Class)
- Spirit Day
- Student Notes to Staff
- Staff Interviews by Students
- Student of the Month
- Staff will also be participating in the Kindness Challenge

How to Support at Home:

- The Opportunity to Participate by Completion of the Family Edition Kindness Challenge
- Family Reads Kindness Books at Home and Sends in a Picture of the Family Reading Together
- Pennies for Patients
- Family Discussions

Websites to Support at Home:

- <https://thegreatkindnesschallenge.com/>
- <https://www.tolerance.org/>
- <https://www.randomactsofkindness.org/>