



Briarwood Daily Kindness Challenge 2020

1 Family Challenge	2 Family Challenge	3 Compliment a friend	4 Tell someone why they are special to you	5 Talk to someone new	6 Help a classmate	7 Give someone a hug
8 Family Challenge	9 Family Challenge	10 Say hello to everyone you see	11 Invite someone to play with you	12 Hold the door open for someone	13 Family Challenge	14 Family Challenge
15 Family Challenge	16 Family Challenge	17 Write a letter or card to a family member	18 Ask someone new to sit with you at lunch	19 Tell someone a joke to make them laugh	20 Thank a teacher	21 Help keep the classroom clean
22 Family Challenge	23 Family Challenge	24 Ask someone how their day is going	25 Smile at everyone you see	26 Make a thank you card for someone	27 Ask someone new what their name is	28 Show what you learned this month! Make your own act of kindness!
29 Show what you learned this month! Make your own act of kindness!	<ul style="list-style-type: none"> ● Briarwood Definition: Kindness is caring about the feelings of others ● Purpose: The Great Kindness Challenge is a proactive and positive bullying prevention initiative created to help our children/students understand the meaning of kindness by engaging in activities and daily challenges to teach them what kindness looks like, sounds like, and feels like. 					