

Special Services Parent Group
PARENT TRAINING- CST & Guidance Department

Self Esteem & Anxiety
Strategies to improve self esteem and lessen anxiety
GRADES 3-6

Self Esteem & Anxiety (Gr.3-6)
Strategies & Interventions

March 20, 2009 (Friday) 11:30-12:30 PM
Brooklake Media Center



You are invited to attend a parent-training workshop hosted by the Florham Park Special Services Department on:

Self Esteem & Anxiety Gr.3-6
Strategies to improve self esteem and lessen anxiety

During this training, you will be exposed to:

- How self esteem and anxiety impact your child
- Tips/Strategies for parents to use at home
- Question/Answer Session

This training will take place at the Brooklake School Media Center on Friday, March 20, 2009 from 11:30-12:30 PM

If you and/or your spouse are interested in attending, please contact Lorraine Casale (CST Secretary) at lorraine.casale@fyps.org or by calling 973-822-3888 x 4006 by March 16, 2009.

Please list your name, spouse's name (if attending).

Thank You.
Steven G. Caponegro
Director of Special Services

