

Special Services Parent Advisory Group
PARENT TRAINING- CST & Guidance Department

CORE AND MORE: Home Exercises on the Therapy Ball
Gina Cicarelli, MSPT
Grades PreK- 2

April 14th, 2011 (Thursday)
10-10:30am
BRIARWOOD
Work-Family Room

You are invited to attend a parent-training workshop hosted by the Florham Park Special Services Department on:

CORE AND MORE: Home Exercises on the Therapy Ball

During this training, you will be exposed to:

- Fitting your child on the proper size therapy ball
- Correct instruction and cueing for a variety of core strengthening exercises on the therapy ball
- Learn how to easily progress the exercises
- Question/Answer and Discussion Session

This training will take place at the Briarwood School on Thursday, April 14, 2011 from 10-10:30am

REGISTRATION: If you and/or your spouse are interested in attending, please contact Lorraine Casale (CST Secretary) at lorraine.casale@fpks.org by April 1, 2011. Please list your name, spouse's name (if attending).

Thank You.

Dr. Steven G. Caponegro
Director of Special Services

