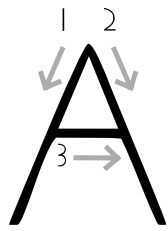
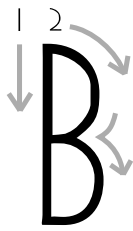


# Handwriting Without Tears®



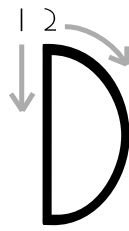
Big line  
Big line  
Little line



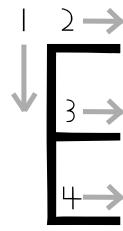
Big line  
Little curve  
Little curve



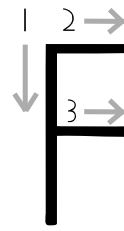
Big C curve



Big line  
Big curve



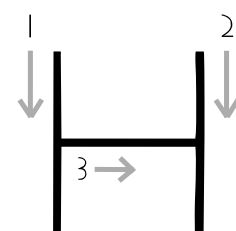
Big line  
Little line  
Little line  
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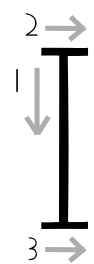
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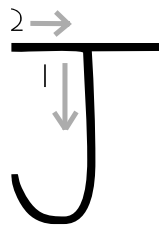
Big curve  
Little line  
Little line



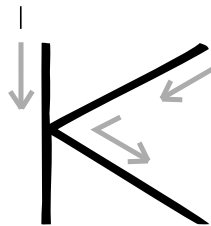
Big line  
Big line  
Little line



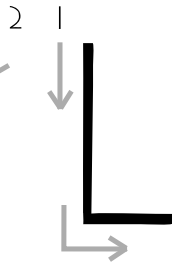
Big line  
Little line  
Little line



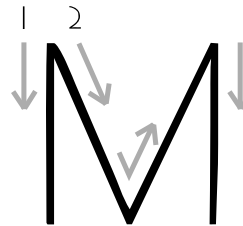
Big line  
Turn  
Little line



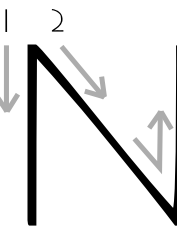
Big line  
Little line  
Little line



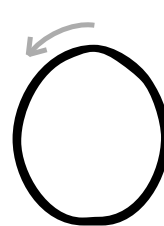
Big line  
Little line



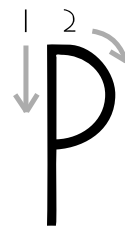
Big line  
Big line  
Big line  
Big line



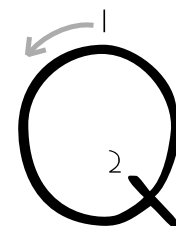
Big line  
Big line  
Big line



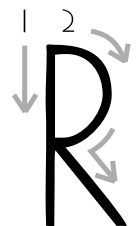
Big C curve  
Keep going



Big line  
Little curve



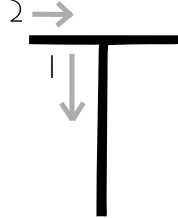
Big C curve  
Keep going  
Little line



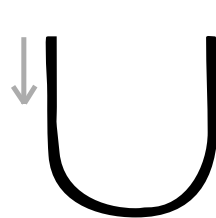
Big line  
Little curve  
Little line



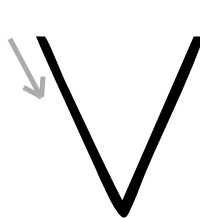
Little curve  
Turn  
Little curve



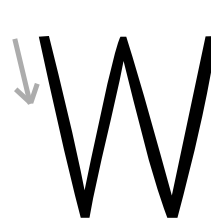
Big line  
Little line



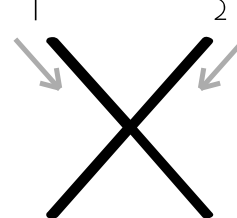
Big line  
Turn  
Big line



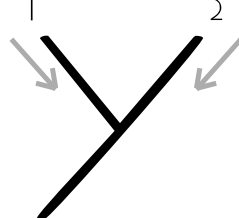
Big line  
Big line



Big line  
Big line  
Big line  
Big line



Big line  
Big line



Little line  
Big line



Little line  
Big line  
Little line

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## Check My Grip

Look at me, I'm holding my pencil correctly.



1

2

3

4

5

6

7

8

9

10

My reward is:

## Check My Grip

Look at me, I'm holding my pencil correctly.



1

2

3

4

5

6

7

8

9

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My reward is:

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Look at me, I'm holding my pencil correctly.



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My reward is:

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Look at me, I'm holding my pencil correctly.



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9

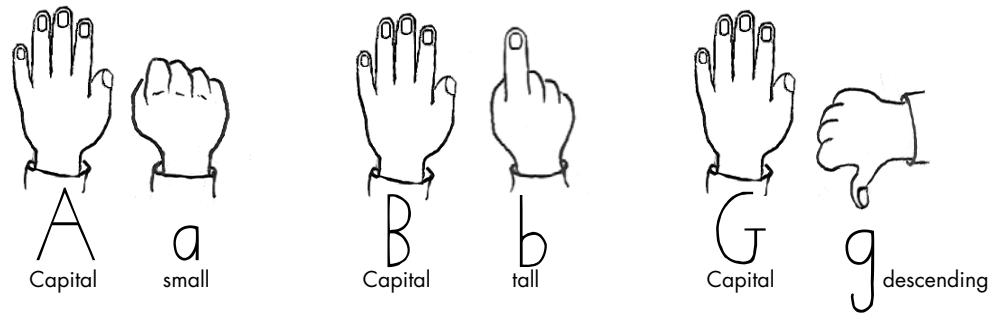
10

My reward is:

# LETTER SIZES AND PLACES: THE HAND ACTIVITY

Teaching children the correct size and placement of letters is one of the most important things you can do to help make their printing neat and fast. The simple hand activity below is fun, gets the students' attention, and is a great way to help

children learn the concepts of letter sizes and places. Students will develop a sense for how letters fit relative to one another, enabling them to write letters the correct size and put them in the correct vertical place.



## Capital letters – Left hand

- Make a flat hand for all capitals.



**Capital**

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

## Lowercase letters – Right hand

- Make a fisted hand for small letters.
- Point the index finger up for tall letters.
- Point the thumb down for descending letters.



**Small**

a c e i m n o r s u v w x z



**Tall**

b d f h k l t



**Descending**

g j y p q

## Directions

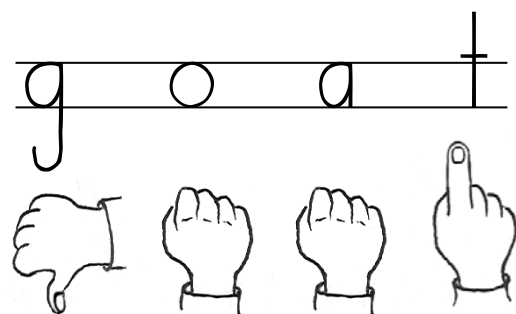
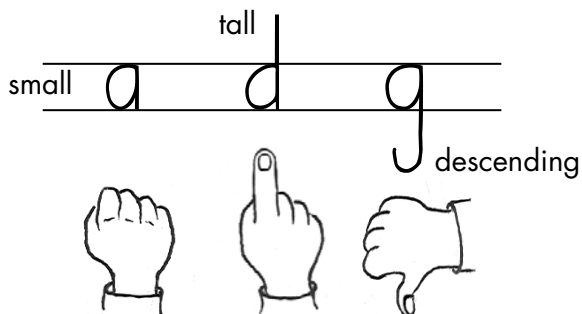
1. Demonstrate capitals by holding up your flat hand.
2. Demonstrate lowercase by holding up your hand for a small, tall, or descending letter.
3. Call out a letter, write it on the board, and show the hand position.

Note: Don't use this activity for children learning sign language because it may create confusion.

## Directions for Hand Positions for Letters on the Board

1. Write the first lowercase letter.
2. Ask students if the first letter is small, tall, or descending.
3. Students make the right hand show the answer: small, tall, or descending. Do each letter in the word.

Alternately, write the complete word and have the class do hand positions as you say each letter.



# Handwriting Without Tears®

Magic c      up like a      bump      back down bump

dive down      swim up and over      around bump

Magic c

Magic c      up like a      up higher      back down bump

start      hit the ball      2 run the bases      3 stop

At first, curve up. Then go straight down.      down      cross

Magic c      up like a      back down      back down

dive down      swim up and over      down

Dots for you!      dot      down

Dots for you!      dot      down      turn

down bump the line      kick!      slide away

Start at the top! Go down.      down bump the line

start with n      swim up and over      m has two humps      down

dive down      swim up and over      n has one hump      down

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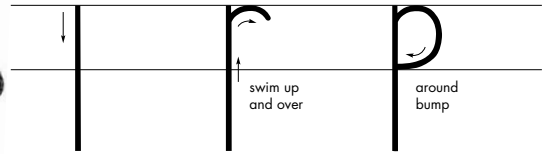
# Handwriting Without Tears®



Magic c

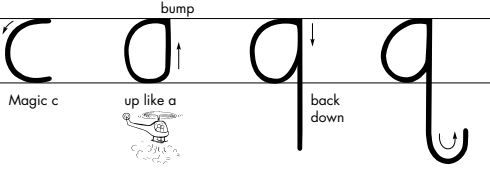
keep on going

stop



swim up and over

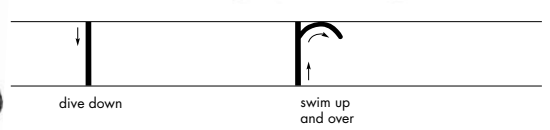
around bump



Magic c

up like a

back down

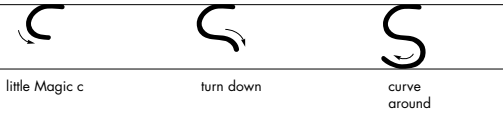


dive down

swim up and over



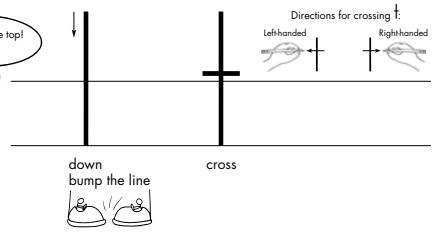
little Magic c



little Magic c

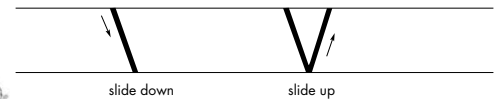
turn down

curve around



down, travel, up

back down



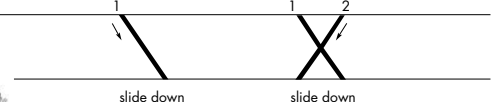
slide down

slide up



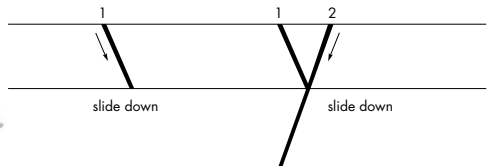
slide down and up

down and up



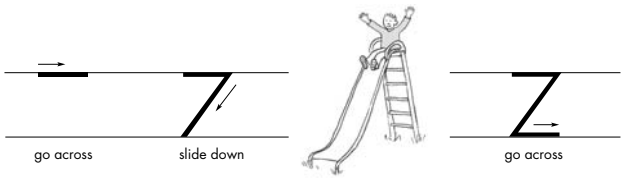
slide down

slide down



slide down

slide down



go across

slide down

go across

# Handwriting Without Tears®

Magic c      up like a      bump      back down bump

dive down      swim up and over      around bump

Magic c

Magic c      up like a      up higher      back down bump

start      hit the ball      2 run the bases      3 stop

At first, curve up. Then go straight down.      down      cross

Magic c      up like a      back down      down

dive down      swim up and over      down

Dots for you!      dot      down

Dots for you!      dot      down      turn

down bump the line      kick!      slide away

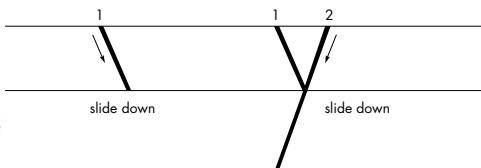
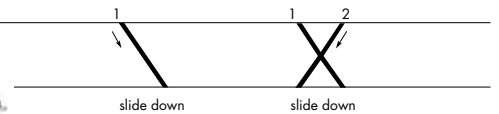
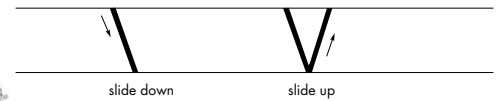
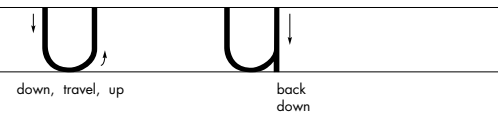
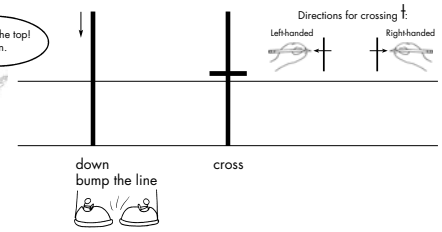
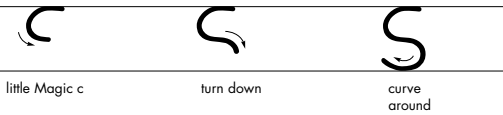
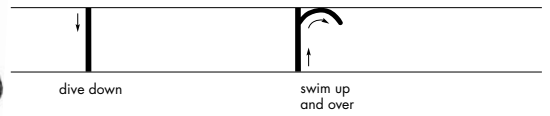
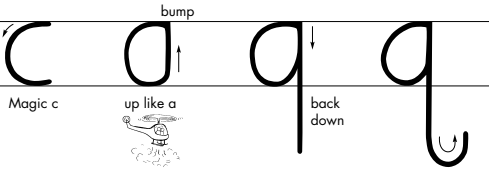
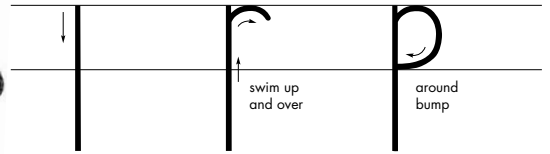
Start at the top! Go down.      down bump the line

start with n      swim up and over      m has two humps      down

dive down      swim up and over      n has one hump      down

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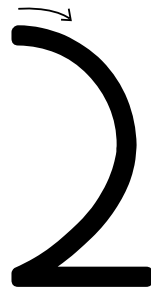
# Handwriting Without Tears®



# Handwriting Without Tears®



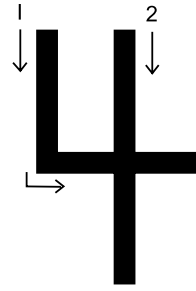
1 starts in the starting corner.  
1 makes a big line down.  
1 stops in the corner.



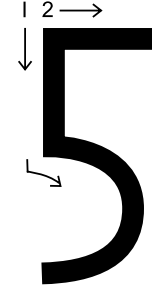
2 starts in the starting corner.  
2 makes a big curve.  
2 stops in the corner.  
2 walks away on the bottom.



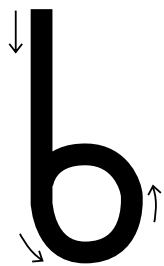
3 starts in the starting corner.  
3 makes a little curve to the middle.  
3 makes another little curve to the bottom corner.



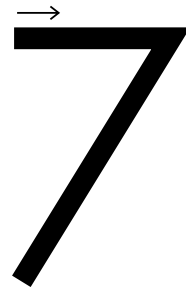
4 starts in the starting corner.  
4 makes a little line down to the middle.  
4 walks across the dark night.  
4 jumps to the top and says, "I did it." (big line down)



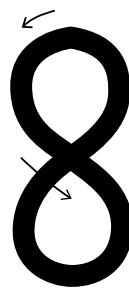
5 starts in the starting corner.  
5 makes a little line down to the middle. It starts to rain.  
5 makes a little curve around.  
5 puts a little line on top to stop the rain.



6 starts in the starting corner.  
6 is a baby bear.  
6 goes down to curl up in the corner.  
6 is hibernating.



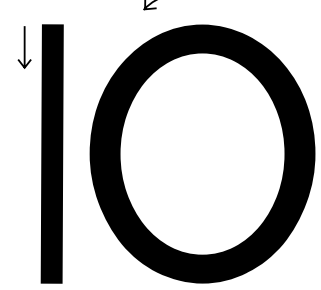
7 starts in the starting corner.  
7 makes a little line across the top.  
7 says, "I better slide down."



8 is different.  
8 doesn't like corners.  
8 starts at the top center.  
8 begins with S and then says, "I want to go home."



9 is so special.  
9 has its own corner.  
9 makes a little curve.  
9 goes up to the corner.  
9 makes a big line down.



10 uses two places.  
1 comes first.  
0 is next.  
0 starts at the top center.  
10 is finished.

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# Use It, Don't Lose It

## Handwriting Practice Ideas



Use the following ideas to encourage handwriting practice so good skills remain strong. Handwriting is something that is easily accessible to a child. With a little encouragement, children can practice letters and numbers just about anywhere, anytime.

### Lists:

- Shopping
- Vacation
- Camping
- What to take to the pool
- Picnic
- To-do
- Special projects

### Activities:

- Write thank you cards
- Send invitations
- Write letters to friends and relatives
- Find a summer pen pal – exchange letters weekly or monthly
- Keep a list of summer vocabulary words
- Create a summer journal
- Fingertrace in the sand at the beach or park
- Play games, write with sidewalk chalk
- Paint with water (writing letters/numbers) on the driveway
- Create stories with friends
- Make cards
- Send postcards



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- Paint with water (writing letters/numbers) on the driveway
- Create stories with friends
- Make cards
- Send postcards



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# Directions for Capitals

## ALL START AT THE TOP

- A** Big line slides down, Another big line slides down, little line across
- B** Big line down, frog jump! Little curve to middle, little curve to bottom
- C** Magic C
- D** Big line down, frog jump! Big curve to bottom
- E** Big line down, frog jump! Little line across top, middle, bottom
- F** Big line down, frog jump! Little line across top, little line across middle
- G** Magic C, Little line up, little line across
- H** Big line down, Another big line down, little line across
- I** Big line down, Little line across top, little line across bottom
- J** Big line down, Turn, little line across top
- K** Big line down, Big "Hi-yaaaa" kick, slide away
- L** Big line down, Little line across
- M** Big line down, frog jump! Big lines slide down, and up, and down
- N** Big line down, frog jump! Big line slides down, big line goes up
- O** Magic C, Keep on going, stop
- P** Big line down, frog jump! Little curve to middle
- Q** Magic C, Keep on going, stop, little line slides down
- R** Big line down, frog jump! Little curve to middle, little line slides down
- S** Little Magic c, Turn, little curve
- T** Big line down, Little line across top
- U** Big line down, Turn, big line up
- V** Big line slides down, Big line slides up
- W** Big line slides down, Big lines slide up, and down, and up
- X** Big line slides down, Another big line slides down
- Y** Little line slides down, Big line slides down
- Z** Little line goes across, Big line slides down, little line goes across

# Directions for Capitals

## ALL START AT THE TOP

- F** Big line down, frog jump! Little line across top, little line across middle
- E** Big line down, frog jump! Little line across top, middle, bottom
- D** Big line down, frog jump! Big curve to bottom
- P** Big line down, frog jump! Little curve to middle
- B** Big line down, frog jump! Little curve to middle, little curve to bottom
- R** Big line down, frog jump! Little curve to middle, little line slides down
- N** Big line down, frog jump! Big line slides down, big line goes up
- M** Big line down, frog jump! Big lines slide down, and up, and down
- 
- H** Big line down, Another big line down, little line across
- K** Big line down, Big "Hi-yaaaa" kick, slide away
- L** Big line down, Little line across
- U** Big line down, Turn, big line up
- 
- V** Big line slides down, Big line slides up
- W** Big line slides down, Big lines slide up, and down, and up
- X** Big line slides down, Another big line slides down
- Y** Little line slides down, Big line slides down
- Z** Little line goes across, Big line slides down, little line goes across
- 
- C** Magic C
- O** Magic C, Keep on going, stop
- Q** Magic C, Keep on going, stop, little line slides down
- G** Magic C, Little line up, little line across
- S** Little Magic c, Turn, little curve
- 
- A** Big line slides down, Another big line slides down, little line across
- I** Big line down, Little line across top, little line across bottom
- T** Big line down, Little line across top
- J** Big line down, Turn, little line across top